

GE 007D

11 WAYS TREADMILL



FEATURES

1. Treadmill with 3 Level elevation
2. Recumbent stationary bike
3. Adjustable Sit-up
4. Reverse Rowing
5. Rowing
6. Alternate Rowing
7. Bench press
8. Push-ups
9. Arm pedal
10. Standing dead lift
11. Waist Exercise
12. Electronic Monitor that measures Time, Distance, Calories burned, and Speed.
13. Foldable for easy storage.

BENEFITS

1. Sculpts and tones muscles in different parts of the body such as bicep, tricep, deltoids, back muscles, buttocks, abdomen, quads & hamstring
2. Improves cardio vascularendurance
3. Burn calories
4. Enjoys working at home

Photo may differ from actual product.